

## Effect of amylin on prolactin release

Magdalena Chmielowska, Ewa Wolińska-Witort, Lidia Martyńska,  
& Bogusława Baranowska

Neuroendocrinology Dept. Medical Centre of Postgraduate Education Marymoncka 99  
01-813 Warsaw, Poland.

*Correspondence to:* Magdalena Chmielowska, MSc  
Neuroendocrinology Dept.  
Marymoncka 99, 01-813 Warsaw, POLAND  
TEL: +48 22 5693850 FAX: +48 22 5693859  
EMAIL: zncmkp@op.pl

*Submitted:* August 26, 2004

*Accepted:* October 3, 2004

*Key words:* amylin; prolactin; pituitary cell cultures

Neuroendocrinol Lett 2005; **26**(6):680-684 PMID: 16380707 NEL260605A06 © Neuroendocrinology Letters [www.nel.edu](http://www.nel.edu)

### Abstract

**OBJECTIVE:** Amylin is a 37-amino acid peptide that is secreted from the pancreatic  $\beta$  cells. This peptide is cosecreted with insulin from the pancreas by glucose. Amylin plays a role in glucose homeostasis and in the regulation of lipid metabolism.

Amylin receptors were identified in central nervous system of rats. There is no available data on the effects of amylin on the pituitary hormones secretion. The aim of this study was to evaluate the effect of amylin on prolactin release in vivo and in vitro experiments in male adult Wistar Kyoto rats.

**METHODS:** Amylin in a dose of 1  $\mu$ g/5  $\mu$ l was injected intraventricularly (i.c.v) during 5 min. using automatic pump. The control group received 5  $\mu$ l cerebrospinal fluid. Amylin was injected intravenously (i.v) in a dose of 10  $\mu$ g in 300  $\mu$ l 0,9% NaCl. The control group received 300  $\mu$ l 0,9% NaCl. In vitro experiment was performed in the pituitary cells culture conditions. Amylin was added to pituitary cell culture in a dose of 1, 10, 100 nM. Prolactin concentrations were determined using RIA methods.

**RESULTS:** Central or peripheral administration of amylin caused a significant decrease of serum PRL concentrations as compared with control after 120 min. After 240 minute incubation of the pituitary cells culture with amylin in doses of 10 nM and 100 nM a significant inhibition of the release of PRL was found. However we found that the effect of amylin on the release of PRL depended on dose and time of incubation. A significant increase of PRL level was observed in cultured media in the presence of 1 nM of amylin after 60 min.

**CONCLUSION:** Our results indicate that amylin administrated centrally and peripherally as well in the cell culture inhibits PRL release.

## Introduction

Amylin (islet amyloide polypeptide; IAPP) is a 37 amino acid peptide that is secreted from the pancreatic  $\beta$  cells [1]. The data of Hanabusa et al. [2] revealed that IAPP is cosecreted with insulin from the pancreas. The physiological role of amylin has not been exactly established. Previous studies have demonstrated an effect of IAPP on glucose metabolism in several species of animals [3, 4, 5, 6, 7, 8, 9]. Authors of previous studies suggested that amylin is unlikely to be of physiological importance in peripheral glucose metabolism [5]. In all of these studies the doses of amylin used were much higher above the physiological range. Arnello et al. [10] using a novel aortic catheterisation technique observed that chronic low dose amylin infusion reduces food intake, but has no influence on glucose metabolism. However the results of Wang et al. [11] indicated that amylin is more potent and more effective than glucagon in raising plasma glucose concentration in fasted rats. Amylin infusion raised both glucose and insulin concentrations and these results may suggest that amylin can induce peripheral insulin resistance [12]. However some authors suggested [13] that hypoamylinemia rather than hyperinsulinemia per se can have directly caused the insulin resistance in the obese LA/N cp rats (insulin resistant Lister Albany rats).

Hettiarachchi [14] demonstrated that the specific amylin antagonist, amylin [8–37]; enhances whole body, liver, and muscle insulin sensitivity with a concomitant decrease of basal plasma insulin in both normal and insulin – resistant, hGH-infused rats. They found that amylin [8–37] infusion was associated with altered lipid distribution. Ye, J. M. et al. [15] observed that amylin stimulates lipolysis *in vivo*. These results may suggest that amylin plays a role in glucose homeostasis and in the regulation of lipid metabolism.

Moreover amylin inhibits food intake and gastric acid secretion [16]. Amylin receptors were identified in central nervous system in rats [17]. There is no available data on the effects of amylin on the pituitary hormones secretion.

The aim of this study was to evaluate the effect of amylin on prolactin release *in vivo* and *in vitro* experiments in male Wistar Kyoto rats.

## Material and methods

Male Wistar-Kyoto rats (240–260 g) were maintained under controlled conditions (14L:10D, lights on at 06.00h, temperature at  $23 \pm 1^\circ\text{C}$ ) with free access to food and water.

All experimental procedures were approved by the First Warsaw Ethic Committee for Experiments on Animals (the M. Nencki Institute of Experimental Biology, the Polish Academy of Science).

### *Intracerebroventricular (icv) administration of amylin*

The animals were anesthetized *ip* with ketamine and implanted with a stainless-steel guide cannula, 23 gauge cannula was located in the third cerebroventricle (0.8

mm posterior and 7.0 mm ventral to the bregma at the midline) according to the atlas of Paxinos and Watson [18]. The inside of the cannula was closed by a removable stainless-steel plug. The placement of the intracerebroventricular cannula was verified by an injection of methylene blue dye after decapitation. The brain was inspected for complete spread of the dye in the third ventricle.

After the surgery, the rats were transferred to individual cages with food and water freely available. During a 5-day period of recovery, rats were handled daily to minimize any stress associated with handling on the day of the experiment.

On the day of the experiment, 1 h before amylin administration, stainless-steel guide cannula were opened and their patency was controlled. Intracerebroventricular infusion of amylin was performed to freely moving rats. Amylin at a concentration of 1  $\mu\text{g}$  in 5  $\mu\text{l}$  vehicle (artificial cerebrospinal fluid -CSF) or equal volume of the vehicle was slowly (1  $\mu\text{l}/\text{min}$ ) infused into the third ventricle with an automatic pump (CMA/100; Sweden) through an inner cannula inserted into the guide cannula. After the end of the infusion the rats were transferred to their home cages with free access to food and water. At 60 and 120 min after the infusion of amylin or vehicle, animals were decapitated and trunk blood was collected in plastic tubes containing 1000 IU aprotinin (inhibitor of protease) per each ml of blood. The time-span from removal of the animals from their cages to decapitation was approximately 2 min.

### *Intravenous (iv) injection of amylin*

Amylin in a dose of 10  $\mu\text{g}$  in 300  $\mu\text{l}$  of saline or 300  $\mu\text{l}$  of saline alone was injected into the tail vein. At 60 and 120 min after the injection of amylin or saline, animals were decapitated, and trunk blood was collected in plastic tubes containing 1000 IU of aprotinin / ml of blood.

The blood samples were centrifuged (3000 rpm for 20 min at  $4^\circ\text{C}$ ). Serum samples were frozen until hormonal analysis was performed.

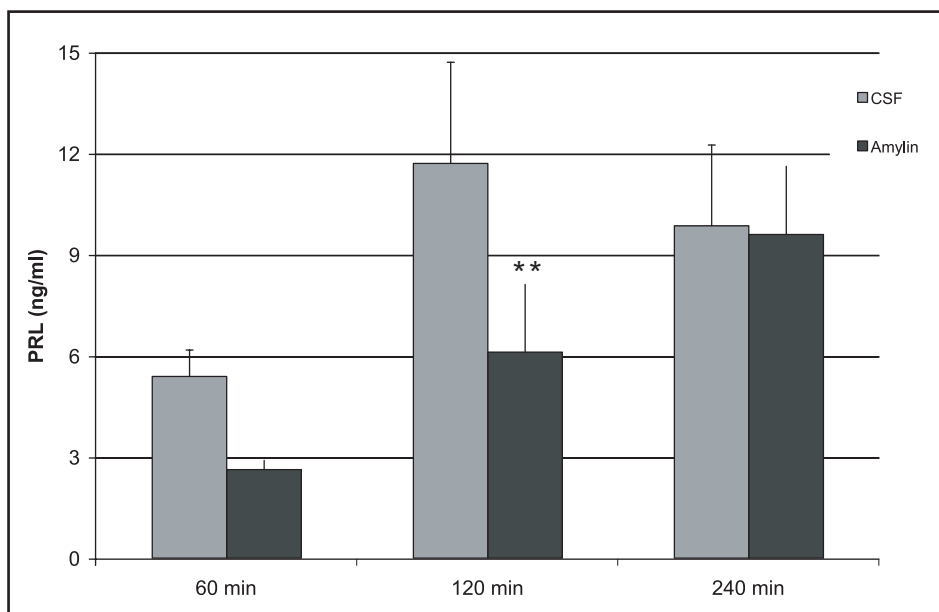
### *Cultured of the pituitary cells at the presence of amylin*

The method of pituitary cell culture was based on principles according to [19,20,21] and it was published in details previously by Baranowska et al. [22]

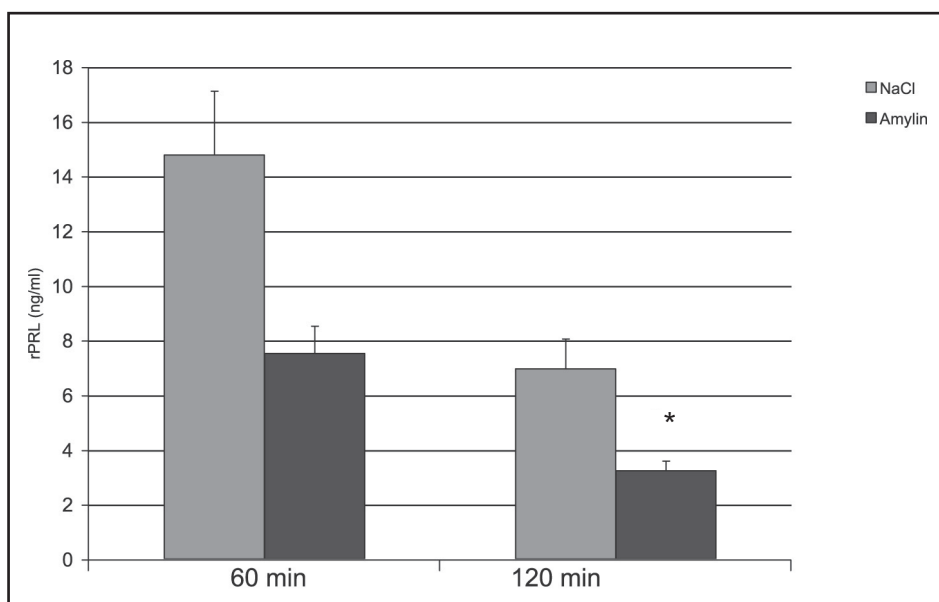
The pituitary cells ( $0.2 \times 10^6$  /ml) were incubated in 24-well culture plates for up to 48 hrs in a humidified atmosphere of 95% air and 5%  $\text{CO}_2$  at  $37^\circ\text{C}$ . Following, amylin in doses 1 nM, 10 nM or 100 nM were added and the medium was collected 60, 120 or 240 min thereafter. The collected medium was stored at  $-20^\circ\text{C}$  until assayed for PRL.

### *Hormone measurements*

Serum concentrations of PRL were measured by RIA using reagents prepared by Dr. A.F. Parlow and provided by the NIDDK (Bethesda, MD). The detection limit for PRL assay was 0.5 ng/ml.



**Figure 1.** Effects of amylin on PRL after intracerebroventricular (icv) administration. \*\* $p < 0,05$



**Figure 2.** Effects of amylin on PRL after intravenous (iv) injection. \* $p < 0,01$

#### *In vivo experiment results*

Effects of amylin on PRL after intracerebroventricular (icv) administration and intravenous (iv) injection are presented in figures 1, 2.

A significant decrease of PRL in the peripheral blood compared with control after 120 min ( $p < 0,05$ ) after the central administration (icv) of amylin was observed. Intravenous (i.v) injection amylin significantly decreased PRL level after 120 min. ( $p < 0,01$ )

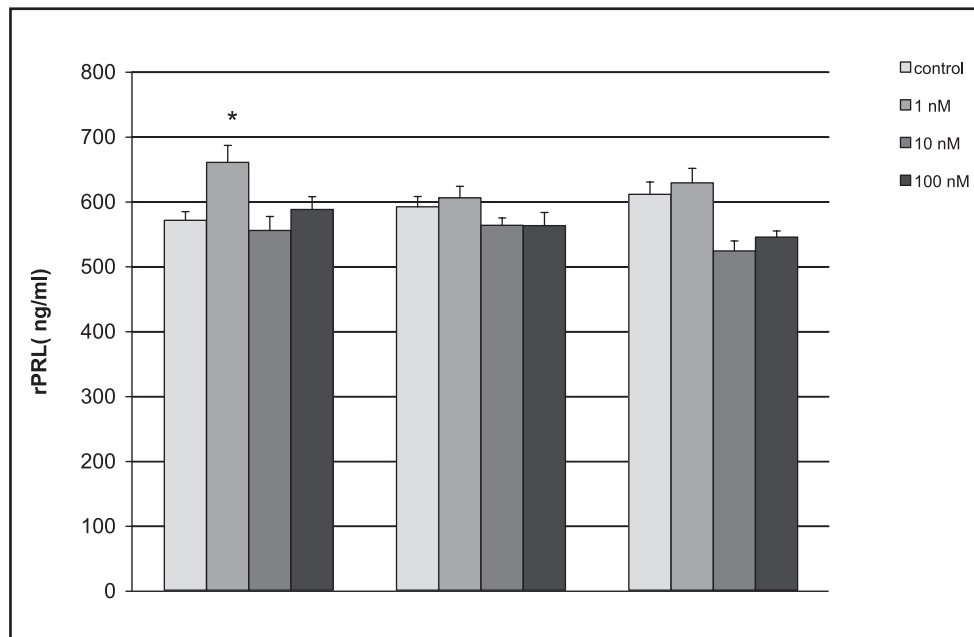
#### *In vitro experiment results*

Effects of amylin on PRL from cultured pituitary cells are presented in figure 3. The effect of amylin on the release of PRL was dependent on dose and time of incubation. A significantly increase of PRL level in cul-

tured media at the presence of 1 nM of amylin after 60 min was observed ( $p < 0,01$  vs. control). However, after 240 min incubation of the pituitary cells culture in the presence of amylin in doses of 10 nM and 100 nM a significant inhibition of PRL release as compared to the control was found ( $p < 0,01$ ).

#### **Discussion**

It has been known that amylin displays 50% homology with calcitonin gene-related peptide (CGRP) and it is co localized with somatostatin in endocrine cells of the gastric fundus. Amylin participates in the regulation of gastric endocrine (somatostatin, histamine)



**Figure 3.** Effects of amylin on PRL in cultured pituitary cells.  
\* $p < 0,01$

and exocrine (acid) secretion. Amylin enhances somatostatin secretion via autocrine mechanism and leads to inhibition of histamine and acid secretion [23].

Amylin antagonizes insulin action and causes in vivo insulin resistance, but amylin did not affect the level of plasma glucagon, epinephrine, norepinephrine and corticosterone and metabolism clearance rate of insulin [24]. Amylin modulates aminergic neurotransmitters in the hypothalamus and inhibits food intake, through inhibition of dopamine release without effecting norepinephrine or serotonin [25].

Moreover, amylin inhibits NPY, a potent feeding stimulating peptide, and leads to weight loss [26].

Nyholm et al. [27] demonstrated that amylin analog AC 137 caused a rise in circulating cortisol and GH release during hypoglycemia in patients with insulin – dependent diabetes mellitus.

In our experiments we observed that amylin administered centrally (icv) and peripherally (iv) produced a significant decrease in prolactin release. However, effects of amylin on PRL release from cultured pituitary cells were dependent on dose and time of incubation. We found inhibiting effects of amylin (in doses 10; 100 nM) on PRL release after 120 and 240 min. of incubation. Transitory stimulating effect of amylin in a dose of 1nM was observed only after 60 min. of incubation.

Paganii et al. [28] investigated the effect of amylin and salmon calcitonin (sCT) on  $\beta$  endorphin secretion induced GH and PRL secretion in male rats. They found that amylin inhibited  $\beta$  endorphin – that induced GH secretion. Whereas sCT was able to inhibit  $\beta$  endorphin induced prolactin secretion. Amylin and sCT may act through various receptors and this finding may explain the differences in action on GH and PRL release.

Some factors may be involved in the mechanism of inhibiting effects of amylin on PRL release in our experiments in vivo and in vitro. It has been reported that

amylin modulates neurotransmitters and neuropeptides activity. Effects of amylin on dopaminergic activity NPY (Neuropeptide Y) and VIP (vasoactive intestinal peptide) activity may be involved in the inhibition of PRL release. Fernandez et al. [29] indicated that IGF I and VIP induce lactotrophs proliferation and PRL release.

## Conclusions

Direct and indirect inhibitory effects of amylin on PRL release were found.

## REFERENCES

- Pieber TR, Roitelman J, Lee Y, Luskey KL, Stein DT. Direct plasma radioimmunoassay for rat amylin-(1-37): concentrations with acquired and genetic obesity. *Am J Physiol* 1994 Jul; **267**(1 Pt 1): E156–64.
- Hanabusa T, Kubo K, Oki C, Nakano Y, Okai K, Sanke T, Nanjo K. Islet amyloid polypeptide (IAPP) secretion from islet cells and its plasma concentration in patients with non-insulin-dependent diabetes mellitus. *Diabetes Res Clin Pract* 1992 Jan; **15**(1):89–96.
- Molina JM, Cooper GJS, Leighton B, Olefsky JM. Induction of insulin resistance in vivo by amylin and calcitonin gene-related peptide. *Diabetes* 1990; **39**:260–265.
- Sowa R, Sanke T, Hirayama J, Tabata H, Furuta H, Nishimura S, Nanjo K. Islet amyloid polypeptide amide causes peripheral insulin resistance in vivo in dogs. *Diabetologia* 1990; **33**:118–120.
- Bretherton-Watt D, Gilbey SG, Ghatei MA, Beacham J, Macrae AD, Bloom SR. Very high concentrations of islet amyloid polypeptide are necessary to alter the insulin response to intravenous glucose in man. *J Clin Endocrinol Metab* 1992; **74**:1032–1035.
- Fürsinn C, Nowotny P, Roden M, Rohac M, Pieber T, Parzer S, Waldhäusl W. Insulin resistance caused by amylin in conscious rats is independent of induced hypocalcemia and fades during long-term exposure. *Acta Endocrinol (Copenh)* 1993; **129**:360–365.
- Frontoni S, Choi SB, Banduch D, Rosetti L. In vivo insulin resistance induced by amylin primarily through inhibition of insulin-stimulated glycogen synthesis in skeletal muscle. *Diabetes* 1991; **40**:568–573.

- 8 Johnson KH, O'Brien TD, Jordan K, Betsholtz C, Westermark P The putative hormone islet amyloid polypeptide (IAPP) induces impaired glucose tolerance in cats. *Biochem Biophys Res Commun* 1990; **167**:507–513.
- 9 Panagiotidis G, Salehi AA, Westermark P, Lundquist I. Homologous islet amyloid polypeptide: effects on plasma levels of glucagon, insulin and glucose in the mouse. *Diabetes Res Clin Pract* 1992; **18**:167–171.
- 10 Arnelo U, Permert J, Larsson J, Reidelberger RD, Arnelo C, Adrian TE. Chronic low dose islet amyloid polypeptide infusion reduces food intake, but does not influence glucose metabolism, in unrestrained conscious rats: studies using a novel aortic catheterization technique. *Endocrinology*. 1997 Oct; **138**(10):4081–5.
- 11 Wang MW, Carlo P, Rink TJ, Young AA. Amylin is more potent and more effective than glucagon in raising plasma glucose concentration in fasted, anesthetized rats. *Biochem Biophys Res Commun*. 1991 Dec 31; **181**(3):1288–93.
- 12 Bennet WM, Beis CS, Ghatei MA, Byfield PG, Bloom SR. Amylin tonally regulates arginine-stimulated insulin secretion in rats. *Diabetologia*. 1994 Apr; **37**(4):436–8.
- 13 Huang HJ, Young AA, Koda JE, Tulp OL, Johnson MJ, Cooper GJ. Hyperamylinemia, hyperinsulinemia, and insulin resistance in genetically obese LA/N-cp rats. *Hypertension*. 1992 Jan; **19**(1 Suppl):1101–9.
- 14 Hettiarachchi M, Chalkley S, Furler SM, Choong YS, Heller M, Cooper GJ, Kraegen EW. Rat amylin-(8-37) enhances insulin action and alters lipid metabolism in normal and insulin-resistant rats. *Am J Physiol* 1997 Nov; **273**(5 Pt 1):E859–67.
- 15 Ye JM, Lim-Fraser M, Cooney GJ, Cooper GJ, Iglesias MA, Watson DG, Choong B, Kraegen EW. Evidence that amylin stimulates lipolysis in vivo: a possible mediator of induced insulin resistance. *Am J Physiol Endocrinol Metab* 2001 Apr; **280**(4):E562–9.
- 16 Samonina GE, Kopylova GN, Lukjanzeva GV, Zhuykova SE, Smirnova EA, German SV, Guseva AA. Antiulcer effects of amylin: a review *Pathophysiology*. 2004 Jul; **11**(1):1–6.
- 17 Funakoshi A, Miyasaka K, Kitani K, Nakamura J, Funakoshi S, Fukuda H, Fujii N. Stimulatory effects of islet amyloid polypeptide (amylin) on exocrine pancreas and gastrin release in conscious rats. *Regul Pept* 1992 Mar 19; **38**(2):135–43.
- 18 Paxinos G, Watson C. *The rat brain in stereotaxic coordinates*, Academic Press, New York, 1986.
- 19 Arzt E, Buric R, Stelzer G, Stalla J, Sauer J, Renner U, Stalla GK. Interleukin involvement in anterior pituitary cell growth regulation: effects of IL-2 and IL-6. *Endocrinology* 1993; **132**:459–467.
- 20 Renner U, Newton CJ, Pagotto U, Sauer J, Arzt E, Stalla GK. Involvement of interleukin-1 and interleukin-1 receptor antagonist in rat pituitary cell growth regulation. *Endocrinology* 1995; **136**:3186–3193.
- 21 Soto J, Castrillo JL, Dominguez C, Dieguez C. Regulation of the pituitary –specific transcription factor GMF-1/ Pit-1 messenger ribonucleic acid levels by growth hormone-secretagogues in rat anterior pituitary cells in monolayer culture. *Endocrinology* 1995; **136**: 3863–3870.
- 22 Baranowska B, Chmielowska M, Radzikowska M, Borowiec M, Roguski K, Wasilewska-Dziubinska E. Effects of neuropeptide Y (NPY), galanin and vasoactive intestinal peptide (VIP) on pituitary hormone release and on ovarian steroidogenesis. *Neuroendocrinol Lett* 1999; **20**(6):385–389.
- 23 Zaki M, Koduru S, McCuen R, Vuyyuru L, Schubert ML. Amylin, released from the gastric fundus, stimulates somatostatin and thus inhibits histamine and acid secretion in mice. *Gastroenterology* 2002 Jul; **123**(1):247–55.
- 24 Amylin-induced in vivo insulin resistance in conscious rats: the liver is more sensitive to amylin than peripheral tissues. Koopmans SJ, van Mansfeld AD, Jansz HS, Krans HM, Radder JK, Frollich M, de Boer SF, Kreutter DK, Andrews GC, Maassen JA. *Diabetologia* 1991 Apr; **34**(4):218–24.
- 25 Brunetti L, Recinella L, Orlando G, Michelotto B, Di Nisio C, Vacca M. Effects of ghrelin and amylin on dopamine, norepinephrine and serotonin release in the hypothalamus. *Eur J Pharmacol* 2002 Nov 15; **454**(2-3):189–92.
- 26 Morris MJ, Nguyen T. Does neuropeptide Y contribute to the anorectic action of amylin? *Peptides*. 2001 Mar; **22**(3):541–6.
- 27 Nyholm B, Moller N, Gravholt CH, Orskov L, Mengel A, Bryan G, Moyses C, Alberti KG, Schmitz O. Acute effects of the human amylin analog AC137 on basal and insulin-stimulated euglycemic and hypoglycemic fuel metabolism in patients with insulin-dependent diabetes mellitus. *J Clin Endocrinol Metab*. 1996 Mar; **81**(3):1083–9.
- 28 Pagani F, Netti C, Guidobono F, Lattuada N, Ticozzi C, Sibilio V. Effects of amylin and salmon calcitonin on beta-endorphin-induced growth hormone and prolactin secretion in the rat. *Neuroendocrinology*. 1998 Sep; **68**(3):220–8.
- 29 Fernandez M, Sanchez-Franco F, Palacios N, Sanchez I, Villuendas G, Cacicedo L. Involvement of vasoactive intestinal peptide on insulin-like growth factor I-induced proliferation of rat pituitary lactotropes in primary culture: evidence for an autocrine and/or paracrine regulatory system. *Neuroendocrinology* 2003 May; **77**(5):341–52.